Women are the fastest growing group of Veterans.

In our Alaska, Idaho, Oregon and Washington facilities, the number of female Veterans treated has increased over 30% in the past five years. We strive to address their health care needs and work to ensure that timely, equitable, high quality, comprehensive services are provided in a sensitive and safe environment. Our goal is to be a leader in providing care to women, raising the standard for all.

All VISN 20 facilities have designated women’s health primary care providers who fulfill all primary care needs, including basic gender-specific care in one location. Our American Lake and Seattle locations (VA Puget Sound) as well as Portland VA offer primary care, specialty gynecology, mental health and social work services co-located in separate Women’s Health Clinics.

Coordinators at each facility ensure all enrolled Veterans are screened for military sexual trauma and that mental health services for conditions related to military sexual trauma are available.

Women Veterans program managers also partner with local Operation Enduring Freedom and Operation Iraqi Freedom Coordinators to ensure women have priority access to comprehensive health care services.

In addition, safe and affordable housing is available to women and their families through VA residential and transitional housing programs.
Services Available to Women Veterans

General Health
• Birth Control
• Cancer Screening
• Gynecological Care
• Infertility Evaluation and Treatment
• Mammograms
• Management of Chronic Medical Conditions
• Menopause Evaluation and Treatment
• Nutrition and Weight Management
• Osteoporosis Screening and Treatment
• Primary Care
• Stop Smoking Program
• Treatment for HIV/STIs
• Tubal Ligations
• Wellness and Healthy Living

Mental Health
• Management of Depression, Anxiety, and Stress
• Adjustment from Deployment
• Counseling and Treatment

Special Programs
• Vocational Rehabilitation
• Links to Job and Career Counseling
• Services for Homeless Veterans
• MOVE! – Managing Obesity in Veterans Everywhere

General Guidelines on Eligibility
• Two years of active duty service
• Deployment in Operation Enduring Freedom/Operation Iraqi Freedom (OEF/OIF)
• Military sexual trauma

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Each VA medical facility has appointed a Women Veterans Program Manager to assist in getting timely access to health care.

Facility:
VA Puget Sound Health Care System
Seattle Division

Contact name/info:
Jan Buchanan, Women Veteran Program Manager

Location Address/info:
1660 South Columbian Way
Seattle, WA 98108

Phone number:
(253) 582-8440
1-800 329-8387

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